| Six Park Metric | | | | | | |
|--|-------|------------------------------------|-----|--|--|--|
| Start at Pine Valley School – John S Mosby Drive | | | | | | |
| Mile | Turn | Road Name | Go | | | |
| | Start | South on John D Barry Drive | 0.2 | | | |
| 0.2 | R | Onto Cross City Trail | 0.3 | | | |
| 0.5 | St | To stay on Cross City Trail | 0.5 | | | |
| 1.0 | R | To stay on Cross City Trail | 0.1 | | | |
| 1.1 | L | onto George Anderson Drive | 0.9 | | | |
| 2.0 | Х | Carolina Beach Rd onto Echo Farms | 0.1 | | | |
| 2.1 | R | Right in circle to stay on Echo Fm | 0.8 | | | |
| 2.9 | L | onto Independence Blvd | 0.6 | | | |
| 3.5 | L | onto River Road | 4.1 | | | |
| 7.6 | R | Into River Rd Park | 0.2 | | | |
| 7.8 | Rvs | Reverse then right onto River Rd | 5.5 | | | |
| 13.3 | R | onto Carolina Beach Rd-Over Bridge | 1.2 | | | |
| 14.5 | R | onto Dow Rd | 0.3 | | | |

| L | onto River Road | 12.1 |
|-----|--|---|
| R-L | onto Shipyard Blvd then Burnett | 10.2 |
| R | onto Central Blvd | 0.5 |
| Х | Carolina Beach Rd onto Morningside | 0.4 |
| L | onto West Lakeshore Dr | 0.9 |
| R | onto Carolina Beach Rd | 0.3 |
| R | onto Willard Street | 7.2 |
| R | onto Lake Shore Drive – Follow Lake | |
| | Shore around Park for 1-1/2 laps | 6.9 |
| L | onto Cypress Drive | 0.3 |
| R | onto Wisteria Dr | 0.1 |
| L | onto Medical Center Dr | 0.1 |
| R | onto Canterwood Dr | 0.5 |
| R | onto S. 17 th Street | 2.5 |
| L | onto John D Barry Dr | 0.3 |
| Fin | at Pine Valley School | End |
| | R X R R R L R L R R L L | R-L onto Shipyard Blvd then Burnett R onto Central Blvd X Carolina Beach Rd onto Morningside L onto West Lakeshore Dr R onto Carolina Beach Rd R onto Willard Street R onto Lake Shore Drive – Follow Lake Shore around Park for 1-1/2 laps L onto Cypress Drive R onto Wisteria Dr L onto Medical Center Dr R onto Canterwood Dr R onto S. 17th Street L onto John D Barry Dr |

| | | into Carolina Beach State Park- | |
|------|-----|--|-----|
| 14.8 | R | Proceed to end and reverse | 2.3 |
| 17.1 | R | onto Dow Rd | 3.8 |
| 20.9 | R | onto Fort Fisher Blvd | 2.3 |
| 23.2 | L | onto Loggerhead Blvd-Proced to end a | 1.1 |
| 24.3 | L | onto Fort Fisher Blvd | 1.2 |
| 25.5 | R | into Ferry Dock – Reverse | 0.2 |
| 25.7 | L | onto Fort Fisher Blvd (becomes Lake Park) | 6.1 |
| 31.8 | R | onto Cape Fear Blvd | 0.1 |
| 31.9 | L-L | onto Boardwalk then Left on Harper | 0.1 |
| 32.0 | R | onto Lake Park Blvd | 0.2 |
| 32.2 | R | onto St. Joseph St | 0.9 |
| 33.1 | L-L | onto Lewis Dr & L to stay on Lewis | 0.5 |
| 33.6 | R | to go over Bridge | 1.0 |





